				INA RESTAURANT (MC), COMMU MARINA DOCK, INDOOR POOL (MAF	RCH 202	24
Sunday		Monday		Tuesday		Wednesday	Thu	irsd	ay Fri	iday Satur	rday
	3		4	5		6		7	8 Floor Aerobics: 9 & 10am		9 ⁹
Yoga: 11:30am Paint with Skylar 5pm		Floor Aerobics: 9 & 10am Humanitarian Grp: 1- 3pm Board Mtg. 3pm Zoom only		Book Club 6:30 Water Aerobics w/ Colby 5:15-6	Half Pri	erobics: 9 & 10am ice Sandwiches 4-9pm	Trivia w/ DJ Decibull: 7:00p		Couples League: 1pm Walk with Flynn: 3pm Boyz of Summer: 7:30-10:30	Irish Open 10am Stroke Class: 10am Swim Class: 11am-1pm	
	10	1 Brkfst Club: 9am	11	12 <mark>Mahjongg: 1- 4pm</mark> Mens League: 1pm	Hackers	13 s: 10am terobics: 9 & 10am	Birdie Seekers: 10am Art/Craft Grp: 9:30- 11:30ar Yoga: 10am Mens League: 1pm Water Aerobics w/ Colby	14 m	15 Floor Aerobics: 9 & 10am Couples League: 1pm	Stroke Class: 10am Swim Class: 11am-1pm	16
Yoga: 11:30am		Floor Aerobics: 9 & 10am Humanitarian Grp: 1- 3pm		Water Aerobics w/ Colby 5:15-6	Half Pri	& Ride: 5pm ice Sandwiches 4-9pm	5:15-6pm Trivia w/ DJ Decibull: 7:00p		Walk with Flynn: 3pm Risky Business: 7:30-10:30	Town Hall Mtg: 10-12pm Cove Trio 7:00-10:00	
Yoga: 11:30am	17	18 Brkfst Club: 9am Floor Aerobics: 9 & 10am Humanitarian Grp: 1- 3pm PMT mtg. 5:30pm	18	19 Mahjongg: 1- 4pm Mens League: 1pm Water Aerobics w/ Colby 5:15-6	Hackers Floor Ae	20 s: 10am erobics: 9 & 10am ice Sandwiches 4-9pm	Birdie Seekers: 10am Art/Craft Grp: 9:30- 11:30ar Yoga: 10am Mens League: 1pm Water Aerobics w/ Colby 5:15-6pm	21 m	22 Floor Aerobics: 9 & 10am Couples League: 1pm Walk with Flynn: 3pm Chest Pains: 7:30 -10:30pm	Stroke Class: 10am Swim Class: 11am-1pm Kids Spring Crafts: 1pm Pool Egg Dive 2-4pm	23
<mark>Yoga: 11:30am</mark> Family Bingo: 2 - 4pm Restaurant Open- 2PM	24		25	26 Mahjongg: 1- 4pm Mens League: 1pm Water Aerobics w/ Colby 5:15-6	Hackers Floor Ac Stride & Half Pri	27 s: 10am erobics: 9 & 10am & Ride: 5pm ice Sandwiches 4-9pm			29 Floor Aerobics: 9 & 10am Couples League: 1pm Walk with Flynn: 3pm Beach Bandits: 7:30 -10:30pm	Stroke Class: 10am Swim Class: 11am-1pm Eggstravaganza 12 — 2p	30 om
Yoga: 11:30am	31	<mark>Brkfst Club: 10am Floor Aerobics: 9 & 10am</mark> Humanitarian Grp: 1- 3pm	1	2 Mahjongg: 1- 4pm Mens League: 1pm Water Aerobics w/ Colby 5:15-6	Hackers Floor Ae Half Prid	3 s: 10am terobics: 9 & 10am ice Sandwiches 4-9pm	Birdie Seekers: 10am Art/Craft Grp: 9:30- 11:30ar Yoga: 10am Mens League: 1pm Water Aerobics w/ Colby 5:15-6pm Trivia w/ DJ Decibull: 7pm	4 m	5 Floor Aerobics: 9 & 10am Couples League: 1pm Walk with Flynn: 3pm Twisted Pair: 6 - 9:pm	Stroke Class: 10am Swim Class: 11am-1pm	6
OPENING & CLOSING: Reception: Sun-Tues: 9am-5pm/ Wed & Thurs: 9am-6pm/ Fri & Sat: 9am-7pmFitness Center & Library: Town Center Grille: 8am- Golf Course: 8am- DuskIndoor Pool: Mon: 7am-1pm/ Tues: closed/ Wed & Sun: 7am-7pm Marina Restaurant: Mon & Tues- closed / Wed: 4-9pm / Thurs: 4- 9:30pm / Fri: 4-11pm/ Sat: 4-10pm/ Sun: 4-8pmFitness Center & Library: Town Center Grille: 8am- Golf Course: 8am- Dusk					m- 4pm	RACKET COURTS V Tennis: Sun, Mon, Wed, Fri 8am- 12pm / La Tues, Thurs, Sat 4- 8pm H Pickleball: Sun, Mon, Wed, Fri 4- 8pm / Tues, TI Thurs, Sat 8am- 12pm W			WATER CLASSES .ap Swim: Wed-Mon: 7-7:50am HydroCycle: Mon, Wed, Fri: 8- 8:45am/ Wed: 4:30- 5:15pm ihurs:9-10am/ Sat: 8- 8:45am & 9-9:45am Water Aerobics: Mon, Wed, Fri: 9- 10:10am/ Wed: 5:30-6:45pm Pool Volleyball: Mon, Wed, Fri: 10:15- 12:15pm		

***All Times and activities are subject to change. For more information, please contact Reception at 757-824-3465 or marinaclub@captscove.com