

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Couples League: 2pm	29 Brkfst Club: 8am Ladies: 4pm	30 Mahjongg: 1-4pm Fishbowl: 4pm	1 Hackers: 9am Floor Aerobics: 9 & 10am Chair Dance: 4pm	2 Water Aerobics w/Colby 5:15-6pm Trivia w/ DJ Decibull: 7:00pm	3 Floor Aerobics: 9 & 10am Couples League: 1pm Walk with Flynn: 3pm Home Skool Dropouts 7:30-10:30	4 Mobile Shredding MC Parking Lot 9-11am
5 Yoga: 11:30am CINCO DE MAYO MC Rest. Opens 2pm Princess Tea Party 1-3pm Couples League: 2pm	6 Brkfst Club: 8am Floor Aerobics: 9 & 10am Ladies: 4pm	7 Mahjongg: 1-4pm Fishbowl: 4pm Book Club 7:00pm	8 Hackers: 9am Floor Aerobics: 9 & 10am Chair Dance: 4pm Stride-n-Ride 6:00-Dusk	9 Birdie Seekers: 9am Art/Craft Grp: 9:30- 11:30am Yoga: 10am Mens League: 4pm Water Aerobics w/Colby 5:15-6pm Trivia w/ DJ Decibull: 7:00pm	10 Floor Aerobics: 9 & 10am Couples League: 1pm Walk with Flynn: 3pm Old School OC Band: 7:30-10:30pm	11 Monthly Members Tourn. 9:00am
12 Yoga: 11:30am Couples League: 2pm	13 Floor Aerobics: 9 & 10am Humanitarian Grp: 1- 3pm Ladies: 4pm	14 ACL Quarterly Mt. 10-11:30 Mahjongg:1-4pm Water Aerobics w/Colby 5:15-6pm	15 Hackers: 9am Floor Aerobics: 9 & 10am Chair Dance: 4pm	16 Birdie Seekers: 9am Art/Craft Grp: 9:30- 11:30am Yoga: 10am Mens League: 4pm Water Aerobics w/Colby 5:15-6pm Trivia w/ DJ Decibull: 7:00pm	17 Floor Aerobics: 9 & 10am Couples League: 1pm Walk with Flynn: 3pm The Chest Pains 7:30-10:30pm	18 Two Person Championship 8:30am Cove Trio 6-9pm
19 Yoga: 11:30am Couples League: 2pm	20 Brkfst Club: 8am Floor Aerobics: 9 & 10am Humanitarian Grp: 1- 3pm PMT Meeting: 5pm Ladies: 4pm	21 Mahjongg: 1- 4pm Fishbowl: 4pm Water Aerobics w/Colby 5:15-6pm Potluck Dinner 5:45pm	22 Hackers: 9am Floor Aerobics: 9 & 10am Chair Dance: 4pm Stride-n-Ride 6:00-Dusk	23 Birdie Seekers: 9am Art/Craft Grp: 9:30- 11:30am Yoga: 10am Mens League: 4pm Watercolor Class 3-5pm Farmer's Market 3-6pm Feud w/ Friends: 7pm	24 Floor Aerobics: 9 & 10am Couples League: 1pm Tranzfusion: 7:30-10:30pm	25 USCG Auxiliary Boat Safety Exam 9:00 Rockoholics 7:30-10:30pm
26 Kids Summer Kick-Off 11-1pm Town Center Pool Yoga: 11:30am	27 HAPPY MEMORIAL DAY Memorial Day Tourn. 8:30am Floor Aerobics: 9 & 10am MEMBER'S PARTY 1-5pm MC Pool & Restaurant	28 Yard Sale- Spaces on Sale 9am Mahjongg: 1-4pm Fishbowl: 4pm Board Meeting: 4pm	29 Hackers: 9am Floor Aerobics: 9 & 10am Chair Dance: 4pm	30 Birdie Seekers: 9am Art/Craft Grp: 9:30- 11:30am Yoga: 10am Mens League: 4pm Farmer's Market 3-6pm	31 Floor Aerobics: 9 & 10am Couples League: 1pm Walk with Flynn: 3pm Kings Ransom 7:30-10:30pm	
<b>OPENING &amp; CLOSING:</b> Reception: Sun-Tues: 9am-5pm/ Wed & Thurs: 9am-6pm/ Fri & Sat: 9am-7pm Indoor Pool: Mon: 7am-1pm/ Tues: closed/ Wed - Sun: 7am-7pm Marina Restaurant: Mon & Tues- closed / Wed: 4-9pm / Thurs: 4- 9:30pm / Fri: 4-11pm/ Sat: 4-10pm/ Sun: 4-8pm		<b>Fitness Center &amp; Library:</b> 5am- 9pm <b>Town Center Grille:</b> 8am- 5pm <b>Golf Course:</b> 8am- Dusk		<b>RACKET COURTS</b> <b>Tennis:</b> Sun, Mon, Wed, Fri 8am- 12pm / Tues, Thurs, Sat 4- 8pm <b>Pickleball:</b> Sun, Mon, Wed, Fri 4- 8pm / Tues, Thurs, Sat 8am- 12pm		<b>WATER CLASSES</b> <b>Lap Swim:</b> Wed-Mon: 7-7:50am <b>HydroCycle:</b> Mon, Wed, Fri, Sat: 8- 8:45am/ Wed: 4:30- 5:15pm/ Thurs:9-10am/ Sat: 8- 8:45am & 9-9:45am <b>Water Aerobics:</b> Mon, Wed, Fri: 9- 10:10am/ Wed: 5:30-6:45pm <b>Pool Volleyball:</b> Mon, Wed, Fri: 10:15- 12:15pm

\*\*\*All Times and activities are subject to change. For more information, please contact Reception at 757-824-3465 or marinaclub@captscove.com