LOCATION COLOR CODING, MULTI DUDDOST DOOM (MC), MADINA DESTAUDANT (MC), COMMUNITY CENTER, COLE COURSE	
LOCATION COLOR CODING: MULTI-PURPOSE ROOM (MC), MARINA RESTAURANT (MC), COMMUNITY CENTER, GOLF COURSE,	
RACKET COURTS, COVE COMMONS/ DOG PARK, COVE TRAILS, MARINA DOCK, INDOOR POOL (MC), DREW BARRY PARK, TC	POOL

## OCTOBER 2024

Sunday	Monday	Tuesday	We	ednesday	Thur	sday	Friday	Saturday
6	7	8		9		10	11	12
Sunday Brunch 11am-6pm Web & Jay 3-5:00pm	Bakst Club: 10am Floor Aerobics: 9 & 10am Humanitarian Grp: 1- 3pm	Crunch to the Core 10-11am Mahjongg: 1-4pm Water Aerobics w/Colby 5:15- 6:00pm Mens League: 1pm	Full Body Workout 8-9 Hackers: 10am Floor Aerobics: 9 & 100 Chair Dance: 4pm 4:00pm 3rd Annual Bro Cancer Walk	am	Art/Craft Grp: 9:30- 11:30a Birdie Seekers: 10am Yoga: 10am Mens League: 1pm Farmer's Market Pickup 3-4 Cornhole 4-5pm Water Aerobics w/Colby 5:1 Bar Bingo DJ Decibull 7pm	PM	Floor Aerobics: 9 & 10am Couples League: 1pm Walking Group 3-4:00pm The Runner-Ups 7:30- 10:30PM	Monthly Members Tournament 10am Swim Lessons 11am- 1pm
13 Sunday Brunch 1 1am-6pm	14 Brkfst Club: 10am Floor Aerobics: 9 & 10am Humanitarian Grp: 1- 3pm	15 Crunch to the Core 10-11am Yoga: 11am Mahjongg: 1-4pm Water Aerobics w/Colby 5:15- 6:00pm Potluck Dinner 5:45pm	Full Body Workout 8-9 Floor Aerobics: 9 & 100 Hackers: 10am Chair Dance: 4pm Taco Wednesday Feud with Friends 6:30 Registration	am	Strength Training 8:30-9:30 Birdie Seekers: 10am Art/Craft Grp: 9:30- 11:30a Mens League: 1pm Farmers Market Pickup 3-4g Cornhole 4-5pm Water Aerobics w/Colby 5:1 Trivia w/DJ Decibull 7pm	m 🍟 om	18 Floor Aerobics: 9 & 10am Couples League: 1pm Walking Group 3-4:00pm Tranzfusion 7:30-10:30pm	19 Get Out and Play Group 9-10am Swim Lessons 11am- 1pm
20 Sunday Brunch 1 1am-6pm	21 Brkfst Club: 10am Floor Aerobics: 9 & 10am Humanitarian Grp: 1- 3pm PMT Mtg. 4:00pm	22 Crunch to the Core 10-11am Mahjongg: 1-4pm Mens League: 1pm Water Aerobics w/ Colby 5:15- 6:00pm	Full Body Workout 8-9 Floor Aerobics: 9 & 100 Hackers: 10am Chair Dance: 4pm Taco Wednesday		Strength Training 8:30-9:30 Birdie Seekers: 10am Art/Craft Grp: 9:30- 11:30a Yoga: 10am Mens League: 1pm Farmer's Market Pickup 3-4 Cornhole 4-5pm Water Aerobics w/ Colby 5:1 Bar Bingo DJ Decibull 7pm	m pm B	25 Floor Aerobics: 9 & 10am Couples League: 1pm Cove Walking Group 3-4pm The Rockoholics 7:30- 10:30pm	26 Patriot Day Golf Outing Get Out and Play Group 9-10am Swim Lessons 11am- 1pm Eric Tobiassen 6-9pm
27 Fallfest Trunk or	28	29 Crunch to the Core 10-11am	Full Body Workout 8-9 Floor Aerobics: 9 & 100		Strength Training 8:30-9:30 Birdie Seakers: 10am Yoga: 10am Art/Craft Grp: 9:30- 11:30a Mens League: 1pm Farmer's Market Pickup 3-4 Cornhole 4-5pm	m 🍟 pm	1	2 Get Out and Play
Treat 11am-2pm Sunday Brunch 11am-6pm	Bakst Club: 10am Floor Aerobics: 9 & 10am Humanitarian Grp: 1- 3pm	Mahjongg: 1-4pm Water Aerobics w/ Colby 5:15- 6:00pm	Hackaers: 10am Chair Dance: 4pm Taco Wednesday		Water Aerobics w/ Colby 5: Trivia w/ DJ Decibull 7pm Trick or Treat	5	Floor Aerobics: 9 & 10am Couples League: 1pm Cove Walking Group 3-4pm	Group 9-10am Swim Lessons 11am- 1pm
OPENING & CLOSING: Fitness Center & Library   Reception: Mon - Wed: 9am - 5pm Town Center Grille: 8an   Thurs & Sun: 9am- 6pm/ Fri & Sat 9am - 7pm Golf Course: 8am- Dusk   Indoor Pool: Mon: 7am-1pm/ Tues: closed / Wed & Sun: 7am-7pm Golf Course: 8am- Dusk   Marina Restaurant: Mon & Tues- closed / Wed & Thurs: 4-10pm / Fri: 4-11pm/ Sat: 4-10pm, Sun: 11 – 6pm Fitness Center & Library		y: 5am- 9pm RAC n- 5pm Tenr Tues Pickl	I- 9pm RACKET COURTS Tennis: Sun, Mon, Wed, Fri 8am- 12pm / Tues, Thurs, Sat 4- 8pm Pickleball: Sun, Mon, Wed, Fri 4- 8pm / Water		Lap Swir HydroCy Water A	ER CLASSES wim: Wed-Mon: 7-7:50am Cycle: Mon, Wed, Fri, Sat: 8- 8:45am/ Wed: 4:30- 5:15pm/ • Aerobics: Mon, Wed, Fri: 9- 10:10am/ Wed: 5:30-6:45pm /olleyball: Mon, Wed, Fri: 10:15- 12:15pm		

\*\*\*All Times and activities are subject to change. For more information, please contact Reception at 757-824-3465\*\*\*